

**2022-2023 LUNCH MENU - HIGH SCHOOL**

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
<b>Mama's Kitchen week 1</b>										<b>Mama's Kitchen week 2</b>										
Chicken Nuggets	Turkey and Gravy	BBQ Pork	Orange Chicken & Rice	Brunch For Lunch	Hot Brown or Chicken Pot Pie	Mini Corn Dogs	Meat Loaf	Chili w/ PBJ	Fried Chicken	French Fries	Mashed Potatoes	or Fish Strips	Sliced Tomatoes	Spinach Salad	Veggies w/ Dip	Sliced Tomatoes	French Fries	Mashed Potatoes	or Pork Chop Patty w/gravy	Veggies w/ Dip
Corn	Roasted Brussel Sprouts	Macaroni and Cheese	Green Beans	Sliced Tomatoes	Steamed Broccoli	Green Beans	Peas	Wango Mango Punch	Pinto Beans	Steamed Broccoli	Glazed Carrots	Pinto Beans & Cole Slaw	Cinnamon Roll	Steamed Squash	French Fries	Roasted Potatoes & Carrots	Corn	Steamed Squash	French Fries	Roasted Potatoes & Carrots
Breadstick	Homemade Roll	Homemade Roll	Cinnamon Roll		Bread Stick	Homemade Roll		Cole Slaw		Daily Choices: Fruit Variety(once cup each day) Tomato Juice and Milk Variety										
<b>Sandwich Shop week 1</b>										<b>Sandwich Shop week 2</b>										
BBQ Pork Sandwich	Fish Sandwich w/cheese	Cheeseburger	Pork Chop Sandwich	Tuna Salad on Croissant	Cheeseburger	Cheeseburger	Cheeseburger	Cheeseburger	Cheeseburger	BBQ Pork Sandwich	Chicken Fajita Sub	Chicken Fajita Sub	Chicken Fajita Sub	BBQ Pork Sandwich	Chicken Fajita Sub	Chicken Fajita Sub	Chicken Fajita Sub	BBQ Pork Sandwich	Chicken Fajita Sub	Chicken Fajita Sub
Bacon Cheeseburger	Siracha Chicken Sub	Philly Steak Sandwich	Fajita Chicken Sub	Siracha Chicken Sub	Breaded Chicken Sandwich	Breaded Chicken Sandwich	Breaded Chicken Sandwich	Breaded Chicken Sandwich	Breaded Chicken Sandwich	Unrustable Grab Bag	Unrustable Grab Bag	Unrustable Grab Bag	Unrustable Grab Bag	Unrustable Grab Bag	Unrustable Grab Bag	Unrustable Grab Bag	Unrustable Grab Bag	Unrustable Grab Bag	Unrustable Grab Bag	Unrustable Grab Bag
BBQ Rib Sandwich	Cheeseburger	Hot Ham and Cheese Croissant	Cheeseburger	Cheeseburger	Pork Chop Patty on Bun	Unrustable Grab Bag	Unrustable Grab Bag	Unrustable Grab Bag	Unrustable Grab Bag	Unrustable Grab Bag	Unrustable Grab Bag	Unrustable Grab Bag	Unrustable Grab Bag	Unrustable Grab Bag	Unrustable Grab Bag	Unrustable Grab Bag	Unrustable Grab Bag	Unrustable Grab Bag	Unrustable Grab Bag	Unrustable Grab Bag
Breaded Chicken Sandwich	Spicy Chicken Sandwich	Unrustable Grab Bag	Breaded Chicken Sandwich	Mozz Breadsticks w/marinara	Rib Patty Sandwich	Unrustable Grab Bag	Unrustable Grab Bag	Unrustable Grab Bag	Unrustable Grab Bag	Buffalo Chicken Wrap	Turkey Club	Philly Steak Sandwich	Hot Ham & Cheese Croissant	Unrustable Grab Bag	Unrustable Grab Bag	Unrustable Grab Bag	Unrustable Grab Bag	Unrustable Grab Bag	Unrustable Grab Bag	Unrustable Grab Bag
Unrustable Grab Bag	Unrustable Grab Bag	Breaded Chicken Sandwich	Unrustable Grab Bag	Unrustable Grab Bag	Bush's Baked Beans	Fish Sandwich w/Cheese	Spicy French Fries	Black Bean Salsa	Spicy French Fries	French Fries	French Fries	Caesar Salad	Black Bean Salsa	Spicy French Fries	French Fries	French Fries	French Fries	French Fries	French Fries	French Fries
French Fries	French Fries	Caesar Salad	Spicy French Fries	Black Bean Salsa	French Fries	French Fries	Waffle Sandwich	French Fries	French Fries	Daily Choices: Veggies w/ Dip, Tomato Slices, Fruit Variety(once cup each day) and Milk Variety										
Baked Beans	Garden Salad	Spicy French Fries	Black Bean Salsa	French Fries	Daily Choices: Fruit Variety(once cup each day) Sunset Sip and Milk Variety															
<b>Sub &amp; Salad week 1</b>										<b>Sub &amp; Salad week 2</b>										
Sub Bar w/Veggies and Dip	Salad Bar	Burrito Bar	Sub Bar w/Black Bean Salsa	Sub Bar w/Veggies and Dip	Sub Bar	Potato Bar w/Pretzel Bites	Sub Bar w/Black Bean Salsa	Sub Bar w/Veggies and Dip	Sub Bar w/Veggies and Dip	Sub Bar w/Veggies and Dip	Chef's Salad	Chef's Salad	Salad Bar	Chef's Salad	Chef's Salad	Chef's Salad	Chef's Salad	Chef's Salad	Chef's Salad	Chef's Salad
Chef's Salad	Chef's Salad	Chef's Salad	Fruit & Yogurt Plate	Chef's Salad	Chef's Salad	Chef's Salad	Salad Bar	Chef's Salad	Chef's Salad	Daily Choices: Fruit Variety(once cup each day) Sunset Sip and Milk Variety										
<b>Global Fare week 1</b>										<b>Global Fare week 2</b>										
General Tso's Chicken	Chicken Quesadilla	Pasta Bar w/ Garlic Bread Knot	Taco Salad w/Black Bean Salsa	Hot Dog Bar	Chicken Fattuccini w/WG Roll	2 Crispos or Pizza	Lasagna w/WG Garlic Knot	Chicken Fajita or Pizza	Enchilada or Pizza	Fried Rice	Salsa	Roasted Vegetables	Pizza	Pizza	Steamed Broccoli	Garden Salad	Corn	Veggies w/ Dip	Mexican Rice	Salsa and Shredded Lettuce
Asian Slaw	Pizzaboli	Pizza	Pizza	Pizza	Steamed Broccoli	Garden Salad	Corn	Veggies w/ Dip	Mexican Rice	Str Fry Veggies	Veggies w/Dip & Garden Salad	Caesar Salad	Caesar Salad	Caesar Salad	Caesar Salad	Caesar Salad	Caesar Salad	Caesar Salad	Caesar Salad	Refried Beans
Pizza	Veggies w/Dip & Garden Salad	Caesar Salad	Caesar Salad	Caesar Salad	Caesar Salad	Caesar Salad	Caesar Salad	Caesar Salad	Refried Beans	Daily Choices: Fruit Variety(once cup each day) Juice Drink Box and Milk Variety										

For All Lines: Monday-Pudding, Tuesday-Cookie, Wednesday-Ice Cream, Thursday-Jello, Friday-Cookie

**2022-2023 Breakfast MENU - HIGH SCHOOL**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Offered Daily				
Sausage and Pancake	Oatmeal Bar	Hot Ham & Cheese	French Toast Sticks	Breakfast Pizza	Cereal Variety	Cheese Stick	Juice Variety	Toast	Yogurt Cup
on a Stick	Waffle Sandwich				Poptart Variety	Han	Fresh Fruit Variety	Bagel w/Cream Cheese	Cinnamon Breakfast Bun
w/Syrup					Biscuit	Bacon	Milk Variety	Mini Pancakes	ScobbyDo Snack Crackers
					Cravy	Sausage	Yogurt Bar	Nutrigrain Bar	Cheese It
					Chicken Patty	Eggs	Donuts	Muffin	Chocolate Granola package